

October 14, 2019

RE: Perinatal mental health care

Dear Members,

As the Leader of Canada's New Democratic Party, I am eager to share our bold vision to expand health care for all Canadians. The NDP wants to provide head-to-toe health care coverage for Canadians. This principle is at the heart of New Democrats' unwavering commitment to public health care. Universal access to public health care is one of the proudest achievements of New Democrats.

An NDP government will work with our provincial, territorial and indigenous partners, as well as families with lived experiences to develop a national perinatal strategy for Canada.

This is part of the NDP's commitment to providing comprehensive care for Canadian families. New parents shouldn't have to worry about perinatal mood and anxiety disorders while taking care of their newborns and growing families. Canada only devotes 7.2 per cent of overall health care spending to mental health.

Canadians deserve better. This is why a NDP government will expand mental-health coverage so that parents struggling with perinatal mental health can access timely, publicly-funded sources when they need it.

Thank you for taking the time to write on this important matter.

Best regards,



**Jagmeet Singh**  
Leader, Canada's New Democrats

**In it for you • On se bat pour vous**

**NDP**  **NDP**  
**Jagmeet**  
**Singh**